



Team Information

TEAM NAME:	Tampa Mustangs Seymour	HEAD COACH :	Jemal Thomas
COACH EMAIL:	jemal.Thomas10@gmail.com		

About

NUMBER:	6	BATS :	R
THROWS:	R	PRIMARY POS :	C
SECONDARY POS:	UTL	HEIGHT :	5'9"
WEIGHT:	150		

School

HIGH SCHOOL:	Ponte Vedra	GRAD YEAR :	2024
GPA W/UW:	4.3		

Training

HOME TO 1ST:	2.8	TRAINING :	Yes
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Catching

POP TIME:	1.7
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Honors/Achievements/Additional Comments

Extra Inning 2024 Overall Player Rank: 57

Extra Inning 2024 Position Rank (C): 30

Extra Inning 2021 All Summer Team 14U

Caiden stands 5'9" 150 pounds and is a powerful and explosive athlete. She is a true 5 tool player: hits for average, has tremendous power, above average arm strength, plays solid defense at multiple positions and possesses great speed. Caiden is a dominate player with high energy and a gritty focus. She has a high softball IQ, commands the game behind the plate and is a great all-around athlete. She has long been known as a pure hitter with explosive power but she has worked really hard on her defensive skill set to make sure she's as dominant behind the plate and in the field as she is at the plate. She has a relentless work ethic and is self-motivated to get her work in every day. Whether it's work in the cages, defensive reps, catching drills, footwork or speed/agility/strength/conditioning...she gets after it.

2024 Schedule

- **Thu Jun 9th to Sun Jun 12th** Show Me The Money,
- **Thu Jun 16th to Sun Jun 19th** Top Gun Invite,
- **Fri Jul 8th to Sun Jul 10th** Atlanta Legacy,
- **Sun Jul 24th to Sun Jul 31st** SEFL National Championship,

Notes